

Curried Potato Soup with Spinach

Ingredients:

8 cups water

2 large Russet potatoes, diced

One 10-ounce package frozen spinach, thawed and rung dry.

1 package **Wellness Forum Health's Large Potato Soup mix**

2 teaspoons curry powder, or to taste

1 cup chopped cilantro for garnish

Instructions:

- Bring the water and potatoes to a boil over high heat. Reduce the heat to medium and cook the potatoes until they are tender, about 8 minutes.
- Add the spinach, the soup mix and the curry powder, and cook another 3-4 minutes.
- Serve garnished with the chopped cilantro