

Easy Miso Kale Soup

Serves 4-6

Ingredients:

6 cups prepared **Wellness Forum Health Certainly Not Chicken Broth**
1/3 cup mellow white miso
1 tablespoon freshly grated ginger
6 cups chopped Kale leaves

Instructions:

- Add 1 cup of the prepared broth to a bowl with the miso and whisk well.
- Return the mixture to the pot with the ginger and kale.
- Simmer over medium heat for 10 minutes until the kale is tender.