

## German Chocolate Rice Pudding

### Ingredients:

1 recipe **Wellness Forum Health Chocolate Pudding Mix** prepared according to package instructions  
2 cups cooked brown rice  
1 tablespoon arrowroot powder  
1teaspoon vanilla

### Topping

1 cup brown rice syrup  
1/2 cup finely chopped pecans  
1/2 cup finely chopped unsweetened coconut  
1 teaspoon vanilla

### Instructions:

- Combine prepared pudding, brown rice, arrow root powder, and vanilla in a bowl in a bowl.
- Mix well
- Spoon the mixture into an 8x8 inch baking dish and set aside while you prepare the topping.
- To make the topping, combine all ingredients in a small saucepan and bring to a boil over medium heat. Cook for 1 minute.
- spoon the topping over the pudding in dollops and bake for 30 minutes until bubbly