

**"Meatloaf" Mac and "Cheese" Casserole**  
**Serves 6 to 8**

**Ingredients:**

1 Package **Wellness Forum Health "Meatloaf" mix**

12 ounces whole grain elbow macaroni

1 package **Wellness Forum Health Delightfully Not Cheese Sauce**

**Instructions:**

- Prepare the "Meatloaf" according to package instructions and instead of putting it into a loaf pan, press it into the bottom of a 9x13-inch baking dish. Set it aside while you prepare the remainder of the dish.
- Cook the macaroni according to package instructions, then drain
- Prepare the Delightfully Not Cheese Sauce according to package instructions.
- Add the cooked macaroni noodles to it and mix well.
- Pour the macaroni and cheese over the meatloaf in the baking dish and bake for 30 minutes until the macaroni and cheese is lightly browned.
- Let sit for 10 minutes before serving