

Mom's Chili

Serves 8

Ingredients:

1 Recipe **Wellness Forum Health Taco Taco mix** prepared according to package instructions and set aside

1 large yellow onion

1 large green bell pepper

4 cloves minced garlic

1 tablespoon ground cumin

2 tablespoons ancho chili powder-or some other mild chili powder

1 28-ounce can diced tomatoes

2 cup vegetable broth, more if needed

Ingredients:

- Saute the onion and green bell pepper over medium heat for 10 minutes, until the onions start to brown.
- Add the garlic, cumin, and chili powder and cook another minute
- Add the diced tomatoes, vegetable broth and prepared Taco Taco mix.
- Cook over medium heat, covered for 25 minutes.
- Serve