

Peanut Butter Cookies
Makes about 25 small cookies

Ingredients:

2 1/2 cups Wellness **Forum Health Quick Mix or Gluten Free Quick Mix**

1/2 cup dairy-free chocolate chips, optional

1/2 cup chopped peanuts, optional

1 1/2 cups water

2/3 cup packed, pitted dates

1/3 cup peanut butter

1 teaspoon vanilla

- Preheat the oven to 350 degrees F.
- In a bowl, combine the first six dry ingredients.
- Add the water, dates, peanut butter and vanilla to a blender and puree until smooth and creamy.
- Pour wet ingredients into the dry ones and mix thoroughly.
- Form dough into balls and flatten on an oiled baking sheet.
- Bake for 15 minutes or until the bottom is golden.
- Allow to cool for a few minutes on the cookie sheet to firm up before moving to a wire rack to finish cooling.