

Spicy Cornbread

Serves 6 to 8

Ingredients:

1 **Wellness Forum Health's Whole Grain Cornbread Mix** (and ingredients listed on the label:

6 green onion, thinly sliced,
1 jalapeno pepper, seeded and minced,
1 tablespoon chipotle chili powder.

Instructions:

Preheat the oven to 350 degrees:

- Add the cornbread mix to a bowl with the plant milk and applesauce.
- Add the green onion, jalapeno pepper, and chipotle chili powder to the bowl and mix well.
- Pour the batter into prepared pans.
- Bake according to instructions on the cornbread package.