

Taco Quesadillas

Serves 8

1 recipe **Wellness Forum Health's Taco Taco Mix**, prepared according to recipe instructions

1 recipe **Wellness Forum Health's Delightfully Not Cheese Sauce**, prepared according to recipe instructions

8 large whole grain tortillas

1 jar your favorite salsa

Guacamole

1 cup chopped green onion

1 cup chopped cilantro

- In a large saucepan combine the prepared Taco Taco and the prepared Delightfully Not Cheese Sauce and mix well
- Heat a tortilla in a skillet over medium flame for two minutes. Spread some of the Taco mixture over half of the heated tortilla and fold the other half of the tortilla over the taco mixture.
- Remove the quesadilla to a cutting surface and cut into quarters.
- Repeat with the remaining tortillas.
- Serve with the salsa, guacamole, green onion and cilantro.