

## **Del's Easy Spinach Artichoke Dip**

Serves 6-8

- 1 pkg. Wellness Forum Health's Delightfully not Cheese Sauce mix, prepared according to package instructions
- 2 – 10 ounce package frozen spinach, thawed and squeezed dry
- 2-16 ounce cans artichoke hearts in water, chopped

Let cheese sauce cool for 10 minutes then add the remaining ingredients and mix well  
Serve warm.