

Mediterranean Spinach Dip

Serves 6-8

Ingredients:

1 package **Wellness Forum Health's Delightfully Not Cheese Sauce**

One 12-ounce package frozen spinach, thawed and rung dry

1 cup chopped sundried tomatoes

1 cup sliced Kalamata olives

1 teaspoon Greek oregano

Whole grain pita bread

Instructions:

- Prepare the cheese sauce according to package instructions.
- Add the remaining ingredients and mix well
- Serve warm with whole grain pita