

## **Taco Taco Sloppy Joes** **serves 8**

### **Ingredients:**

1 bag **Wellness Forum Health Taco Taco Mix**, prepared according to package instructions  
1 small green pepper, diced small  
1 small yellow onion, diced small  
1 cup tomato puree  
sea salt and freshly ground black pepper to taste  
dash of hot sauce (optional)  
8 whole wheat sandwich buns

### **Instructions:**

- Sauté the onion and green pepper in a skillet over medium heat for 8 to 10 minutes until the vegetables are tender. Add water 1 to 2 tablespoons at a time to keep them from sticking to the pan.
- Add the tomato puree and the **Taco Taco Mix**.
- Cook for 5 minutes, stirring occasionally.
- Serve on whole wheat sandwich buns.